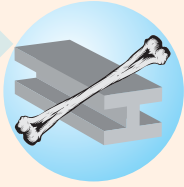




THE MANY BENEFITS OF REBOUNding

REBOUNding INCREASES BONE DENSITY

- Each jump generates acceleration and deceleration.
- Accelerations & decelerations impact each cell and muscle in the body.
- The stress created on the muscle and related to each bone attached to the muscles, helps regaining bone density.
- Rebounding helps fight osteoporosis.

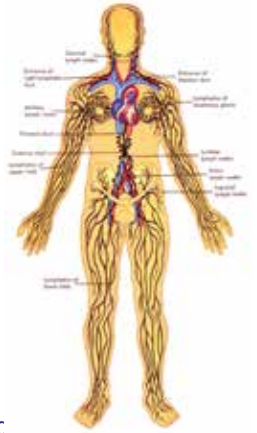


DID YOU KNOW?

NASA
NASA uses rebounding as a mean for astronauts returning from a space journey to regain bone density and rebuild bone mineralization, due to lack of gravity in space.

REBOUNding DETOXIFIES THE LYMPHATIC SYSTEM

- Lymph nodes are like holding stations that filter the lymph fluid and keep the toxins, poisons and heavy metal within your body.
- Unlike the blood system, the lymphatic system doesn't have a pump and rely on gravity and movement to evacuate these toxins.
- Rebounding is the best exercise to help detoxifying your body.



You have over 300 lymph nodes in your neck and head area. Your liver is packed with lymph vessel that are activated when you rebound. You are the "pump" of your lymphatic system: no organ will do it for you!

REBOUNding DEVELOPS BALANCE, REFLEX AND COORDINATION

Rebounding is an activity that stimulates all of your body: muscles and nerves are in full alert in an active relation with the mind using ocular nerves and inner ear canal. During this time the stimulation is extreme and this activity strengthen your balance, your timing and your coordination.



DID YOU KNOW?

In Japan, retirement homes using bouncing pods recorded a decrease of 70% of falls and other balance related accident within 2 months of implementing the bouncing pods.

REBOUNding STIMULATES 100% OF YOUR BODY CELLS

When you bounce, every cell in the body moves up and down. The nucleus of the cells remains in a gel like state and the cell membranes must strengthen in order to keep the cytoplasm inside the cells strong to protect the cells.



DID YOU KNOW?

When you bounce all 638 muscles of your body work. A simple "Health Bounce" (feet don't leave the mat when you jump) generates a 2G-force, and a 3G-force if you jump 15 cm over the mat.



REBOUNding MAKES YOU HAPPY

Bouncing is a fun thing to do: you exercise and you are happy about it: a double release of endorphins! The effects of rebounding will materialize with a simple daily session of 15 minutes. No stress on your body: about 85% of the impact on the joints are mitigated.

EVERYONE BENEFITS FROM EXERCISING, AND THE BENEFITS OF REBOUNding ARE EVEN GREATER THAN THOSE OF MOST EXERCISE ROUTINES OR FITNESS DEVICES. ELDERLIES, INJURED AND HANDICAPPED PEOPLE NEED EXERCISING EVEN MORE THAN EVERYONE ELSE.

HEALTH BOUNCE POD™ IS THE ONLY DEVICE ON THE MARKET ABLE TO PROVIDE A SAFE AND SUITABLE ENVIRONMENT FOR ELDERLY AND INJURED PEOPLE TO EXERCISE. IT IS ROBUST, BALANCED, ADJUSTABLE, AND COMFORTABLE. IT HAS BEEN DESIGNED BY PROFESSIONAL TRAMPOLINE ATHLETES IN COOPERATION WITH DOCTORS SPECIALIZED IN THE FIELD OF EXTREME TRAUMA AND ACCIDENTS.

THE ADJUSTABLE C-HOOP, CONNECTED TO THE STEEL FRAME BY 4 SYMETRICALLY PLACED SPRINGS MAKES IT FRIENDLY TO USE BY BLIND PEOPLE, WHO CAN EXERCISE FREELY AND UP TO THEIR OWN CAPABILITY. NO OTHER FORM OF EXERCISE CAN BE SO EASILY AVAILABLE WITH TRUE BENEFITS, WITH THE EXTRA BONUS OF BEING FUN!



THE B-POD™ XL IS A REVOLUTION IN THE WORLD OF WHEEL-CHAIRS USERS. ANY USER OF A HEALTH BOUNCE POD CAN TRULY EXERCISE IN TOTAL FREEDOM AND ENJOY ALL THE BENEFITS OF REBOUNding!

